

Flavor of the Week



Whip up pretzel-toffee cookies!

Start with your favorite chocolate chip recipe. Omit 2/3 chocolate chips and substitute 2 cups mini pretzels, broken, and 3/4 cup toffee bits (such as Heath Bits 'o Brickle), then bake as usual! Photos: HBB; Bruce Fredericks/Retna; courtesy of vendors (3).

Pretzels!

Love to snack on pretzels? Wait until you get a taste of these delicious new twists! You can start with savory soft pretzel bites for hors d'oeuvres, move on to yummy pretzel meatballs and finish with a sweet-'n-salty pretzel ice cream bar, cookie or sundae!

Enjoy pretzels this week!

- **Top brownies, cheesecake or frosted cupcakes with pretzel pieces for a salty-sweet flavor treat—or use 'em in a hot fudge sundae!**
- **Instead of cookies or cake, microwave frozen soft pretzels (available in the frozen food aisle), dip in melted chocolate, sprinkle with salt and serve with coffee!**
- **Making meatballs? Replace the flour and breadcrumbs with finely crushed pretzels. (Use a food processor or high-speed blender.)**
- **When frying chicken, instead of using flour alone, combine 4 parts finely crushed pretzels with 1 part white flour for a deliciously savory batter!**



▶ **Klondike's latest flavor? Pretzel, of course!**

▶ **Gourmet soft pretzels are coming to a supermarket near you, in flavors like spinach feta and chocolate crumb! See KimAndScotts.com for stores.**



▶ **Granola bars are getting the pretzel treatment! Quaker Chewy, \$2.99**

—Katie Alberts



Martha Stewart . . . presses pretzel pieces into shortbread cookies before she bakes them!

Shop Smart!

You deserve the best..Winter facial moisturizer!

Ready to defy winter, turn back the clock and beam with confidence? Our renowned dermatologists share their prescription for gorgeous skin! If you want . . .

To wake up looking luminous:

Burt's Bees Carrot Nutritive Night Cream
An apple a day keeps the doctor away, but it's a carrot (at night!) that keeps dry skin away, says dermatologist Leslie Baumann, M.D. (SkinTypeSolutions.com). "Carrots are high in beta carotene, which is in the same family as collagen-boosting retinol and Retin A," she explains. "This antioxidant-rich formula also boasts moisturizing powerhouses like avocado oil, almond extract and aloe vera."



▶ \$15 at drugstores or BurtsBees.com

A redness reducer:

CeraVe PM
"This moisturizer contains three amazing ingredients," says dermatologist Amy Derick, M.D., (DerickDermatology.com), "circulation-promoting niacinamide, skin-plumping ceramides and moisture-boosting hyaluronic acid. It also has properties that reduce flushing or redness."

▶ \$12.99 at Drugstore.com



A sensitive skin soother:

Vanicream Lite Lotion
The most impressive thing about this moisturizer's ingredient list? All the things it *doesn't* contain, says dermatologist Brandith Irwin, M.D. (MadisonSkin.com and SkinTour.com), author of *The Surgery-Free Makeover*. "It's free of fragrances, dyes and most preservatives," she says. "Moisturizing and gentle, it's tailor-made for sensitive skin and helps heal eczema and psoriasis."

▶ \$7.99 at Drugstore.com



Youthifying ingredients:

Neutrogena Anti-Wrinkle Deep Wrinkle Night Moisturizer from Ageless Intensives
The magic bullet in this age eraser? "Collagen-boosting retinol," declares Dr. Irwin. "It's an excellent ingredient to have in a facial moisturizer, especially at this price. The formulation also reduces the look of age spots, which is a nice plus."

▶ \$18 at Drugstore.com



To control oily skin:

La Roche-Posay Effaclar M Daily Mattifying Moisturizer
Think moisturizer is the *last* thing oily skin needs? Think again, urges Dr. Baumann. "Studies show moisturizing alone can improve acne," she says. "Yet it's difficult to find a moisturizer that doesn't break out acne-prone skin. This one, however, is great. It really penetrates and targets oil-producing cells to bring more balance to your skin and prevent breakouts."

▶ \$15.20 at Amazon.com



Photos: Kristiane Vey/Jumpfoto; Corbis/vendors (5).

—Kristina Mastrocola