

You Deserve The Best Hand cream!



Whether you want to soothe eczema-prone skin or smooth fine lines, we have the lotions that'll keep your hands so happy, they might just give you a pat on the back for treating them so well!

If you want to:

CHAP-PROOF YOUR HANDS:

Aquaphor Advanced Therapy Healing Ointment

Hand model Ellen Sirot can't afford to have chapped skin, so she uses this super-healing lotion. "It's very thick, so you have to use it judiciously. I like to put it on at bedtime to seal in moisture overnight." The result? Camera-ready hands that have doubled for stars like Sarah Jessica Parker and Hilary Swank!

\$5.79 at drugstores

KEEP HANDS LOOKING YOUNG:

Neutrogena Norwegian Formula Age Shield Hand Cream

"Just like our faces, our hands need year-round protection from the sun's aging UVA rays," says dermatologist Amy Derick. And this formula is her top pick. "It contains Helioplex, a substance invented by Neutrogena that keeps the sunscreen ingredient effective longer. You just put it on once and don't have to worry about it all day!"

\$5.99 at drugstores

STAY SUPER-SOFT FOR HOURS

L'Occitane En Provence Shea Butter Hand Cream

World-renowned skier Kit DesLauriers has finally found a cream that will last her a whole day on the slopes. "No other cream keeps my hands this soft." And now it's part of her gear. "I was just on an all-women's ski trip, and we could each bring only one indulgence. You can guess what mine was!"

\$25 at usa.loccitane.com

PAMPER SENSITIVE SKIN:

CeraVe Moisturizing Cream

"This cream won't irritate your skin in any way, plus it has a cutting-edge ingredient—ceramides," says dermatologist Elizabeth Martin. "These molecules help the skin retain moisture. People with eczema have far fewer ceramides, so this cream is especially great for them. Plus, CeraVe has a patented time-release way of working, so your hands are soothed all day long."

\$14.99 at Walgreens

SMOOTH OUT WRINKLES:

Alpha Hydrox AHA Enhanced Lotion

Esteemed beauty expert and product researcher Jan Marini says, "I've tried every hand cream on the market." And she loves this cream for two magic words: glycolic acid. "Its molecules are so small that they penetrate more deeply, dislodging dead cells and lifting the skin, giving it a smoother appearance. And glycolic acid also helps get rid of age spots!"

\$11.99 at drugstores



It's Easy To...

Wow your crowd with

Custom-made napkin rings!

These one-of-a-kind napkin holders take less than five minutes to make and cost next to nothing when you reuse items you already have!

1 Got a minute?

Grab an old earring!
Dress up a plain napkin with an old clip-on earring! Wrap ribbon around your napkin and glue the ends closed. Make a slit in the center of the ribbon and clip the earring through it. Each place setting will have its own unique sparkle, and your guests will wonder where you found such interesting table additions!



2 Got two minutes?

Pull out your button box!
Pick a dazzler from your collection of loose buttons, then find a piece of ribbon that complements its shape, size and color. Tie the ribbon in a bow around your napkin, and hot-glue the button to the center of the knot!

3 Got three minutes?

Be crafty!
Thread some wire through a few round beads. (Don't worry; they don't have to match!) Space the beads at random and bend the wire around a napkin for a creative holder that looks like it came from a crafts fair!

4 Got four minutes?

Repurpose cookie cutters!
Make a bejeweled napkin holder by hot-gluing flat-backed beads to the sides of interestingly shaped cookie cutters. Vary the beads' colors for a fun look, or stick with silver and gold for an elegant table decoration!



5 Got five minutes?

Pick up some leaves!
Fresh or faux will do! Simply glue to a strip of pretty scrapbooking paper. To make the tendrils, twist some green fabric florist's wire around a pencil.

Bonus These fall-perfect napkin rings double as place cards!

